## Free CarFit Check®

## Helping you and your car work as a TEAM!

**Benefits:** Greater comfort and control, enhanced driving safety, and hands on driving experience.



## What is CarFit®?

An educational program to help you and your car work together better. Trained CarFit® staff will ask you some simple questions and complete a 13-point checklist with you and your vehicle. The entire process takes about 20 minutes. You leave with recommended car adjustments, if needed, a list of resources in your area to help keep you on the road safely, and greater peace of mind.

Who should attend: 50 and older

When: April 23, 2016 9:00 a.m. - 2:15 p.m.

BY APPOINTMENT

Where: Knoxville Police Dept

Phil Keith Training Center 6388 Cement Plant Rd. Knoxville, TN 37914

## How Do I Make a Free Appointment?

Contact: 862-9250 or 862-9252

E-mail: dlindsey@aaasouth.com or smilani@aaasouth.com

CarFit® is an educational program created by the American Society on Aging and developed in collaboration with AAA, AARP and the American Occupational Therapy Association (AOTA)

Experience the TRACK. Test Your driving skills on KPD's state of the art driving track prior to your free Car-Fit Check. When you are

done...come experience it again.



\*\*\*\*\*FREE Refreshments and Snacks will be provided for all participants.



For further questions Contact Officer Michele Goldsberry at (865)215-1308 or e-mail: mgoldsberry@knoxvilletn.gov